

GLUTEN FREE MENU*

ORDER AT TILL

BREAKFAST

(UNTIL 11.30 AM)

GLUTEN FREE (GF) TOAST

with butter / jam / marmalade / nutella / honey

PORRIDGE

with honey on side
- add hot mixed berries
- add banana / walnuts
- add cream

POACHED EGG BREAKFAST

on gf toast

SMASHED AVOCADO & EGGS

poached on gf toast

SMOKED SALMON & EGGS

poached / scrambled / fried on gf toast

EGGS BENEDICT

with bacon on gf toast

GF YARD FRY

egg, bacon, toulouse sausage, tomato, mushroom,
2 gf toast

LUNCH

(AFTER 11AM)

SOUP OF THE DAY

with gf bread

SOURDOUGH GRILLED CHEESE

with gf bread
add / bacon / chorizo / kimchi

- ADD A TEACUP OF SOUP

to anything on the menu

* WE DO HAVE ALLERGENS ON THE PREMISES SO CANNOT GUARANTEE ITEMS LISTED ARE COMPLETELY ALLERGEN FREE - SEE ALLERGEN LIST IN STORE FOR FULL DETAILS.

Please speak to our cashier about the severity of your allergy.

ALL DAY

TOULOUSE SAUSAGE /

BACON TOASTED SANDWICH

-made with gluten free bread

OMELETTE SOLO / DUO

- add toulouse sausage / bacon

FRENCH GF TOAST SOLO / DUO

with lemon & sugar / nutella /
maple syrup / honey
-add toulouse sausage / bacon

BREAKFAST GF TOAST WITH

nutella & banana
scrambled egg
bacon / & toulouse sausage
combine bacon, toulouse sausage & scrambled egg

GF TOAST & CREAM CHEESE

with sunblushed tomatoes
with bacon
with rocket, smoked salmon, capers & lemon
with mushrooms, bacon & rocket
with chorizo, tomato, rocket & olive tapenade

TOULOUSE GF TOAST WITH

smoked toulouse sausage, cheddar, rocket, onion & jalapeno relish

BRUSCHETTA

on gf toast with olive tapenade

GF DIPS

DIPS: Ballymaloe relish / ketchup / hollandaise /
/ plain mayo / jalapeno relish / olive tapenade/ chilli jam

SUMMER SPECIALS

ACAI BOWL

blended superfruit topped with banana,
strawberries, walnuts & honey

SALAD WITH GF BREAD

House salad, rocket, cucumber, olives, tomato & chives
add halloumi
add feta

goat's cheese, strawberry & walnut salad

- pick a gf dressing

raspberry vinaigrette / maple mustard

KID'S LUNCH

KID'S GF SANDWICH / TOASTIE

cheese / bacon / banana /

- ADD A KID'S LUNCHBOX

fruite / strawberries & crisps

ICE CREAM SUNDAES

TWO SCOOP VANILLA SUNDAE

with raspberry / choc sauce / dime bar / crunchie

TREATS

RANGE OF TREATS IN BAKERY CABINET

GLUTEN FREE DRINKS*

ORDER AT TILL

COFFEE

(FAIRTRADE)

AMERICANO
CAPPUCCINO
FLAT WHITE
CAFFE LATTE
LONG BLACK
MOCHA LATTE
CORTADO
ESPRESSO
FILTER COFFEE
MILK STEAMER

*available as decaf, skinny,
extra skinny or soya

- **add natural syrup**

vanilla / hazelnut / caramel
gingerbread / mint / cinnamon

HOT CHOC

CLASSIC
MINT
CARAMEL

- add marshmallows
- add whipped cream

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TEA

(LOOSE LEAF)

BLACK
BELFAST BREW
EARL GREY
MANGO TANGO

GREEN

CHINESE JASMINE
GREEN TEA WILD GREY
JAPANESE CHERRY

FRUIT

RED BERRY

HERBAL

MINT
APPLE LOVES MINT
CHAMOMILE
LEMONGRASS & GINGER TWIST
DECAF TEA

MILKSHAKE

VANILLA / STRAWBERRY
RASPBERRY / BANANA / CHOC
ESPRESSO & VANILLA
DIME / CRUNCHIE

SUMMER SPECIALS

AUSSIE ICED COFFEE
VIETNAMESE ICED COFFEE
ICED MOCHA
ICED LATTE
ICED TEA
any tea flavour



SMOOTHIE

STRAWBERRY
ACAI
STRAWBERRY & BLUEBERRY
BLUEBERRY & RASPBERRY

ORANGE JUICE

freshly squeezed

VEG JUICE

GREEN
spinach, broccoli, parsnip
ORANGE
carrot, yellow pepper, celery, ginger
RED
red pepper, tomato, carrot, parsnip,
beetroot

DAIRY FREE MENU*

ORDER AT TILL

BREAKFAST

(UNTIL 11.30 AM)

TOAST

white / granary / gluten free
bagel / sourdough toast
with jam / marmalade / honey

PORRIDGE

with honey on side
- add hot mixed berries
- add banana / walnuts

POACHED EGG BREAKFAST

on sourdough toast

SMASHED AVOCADO & EGGS

poached on sourdough toast (**no hollandaise sauce**)

SMOKED SALMON & EGGS

poached on sourdough toast (**no hollandaise sauce**)

DF YARD FRY

fried / poached egg, bacon, sausage, tomato, 2 toast,
mushrooms & hash browns

VEGAN FRY

hash browns, mushrooms, tomatoes, avocado, sourdough
toast & vegan sausage

BACON, SAUSAGE & EGG

filled ciabatta with 2 bacon, sausage & relish
fried / poached egg

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ALL DAY

ACAI BOWL (smoothie you can eat)

blended acai fruit topped with granola, strawberries & honey

SAUSAGE / BACON SANDWICH

BANANA BREAD SOLO / DUO

- add walnuts & berries
with jam / maple syrup / honey
- add sausage / bacon

BAGEL / CIABATTA

banana
bacon / & sausage
smoked salmon, capers & lemon
chorizo, tomato, rocket & olive tapenade

TOULOUSE BAGEL/ CIABATTA

smoked Toulouse sausage, rocket, **TOMATO INSTEAD OF
CARMELISED ONION** & jalapeno relish

TUNA HERB MAYO BAGEL / CIABATTA

rocket, **KIMCHI INSTEAD OF CHEDDAR** & chilli jam

BRUSCHETTA

on toasted ciabatta with olive tapenade

ALSO SEE VEGAN MENU

CRAYFISH SALAD

with crusty roll

HOUSE SALAD

with crusty roll

- pick a df dressing

raspberry vinaigrette dressing / maple mustard

KID'S LUNCH

KID'S SANDWICH / TOASTIE

bacon / ham / banana

KID'S CRUSTY ROLL

bacon / ham / banana

- ADD A KID'S LUNCHBOX

baby orange, grapes & a fruice

DF DIPS

DIPS: Ballymaloe relish / ketchup / hp / plain mayo /
jalapeno relish / olive tapenade / chilli jam

DAIRY FREE DRINKS*

ORDER AT TILL

COFFEE*

(FAIRTRADE)

AMERICANO

CAPPUCCINO

FLAT WHITE

CAFFE LATTE

MOCHA LATTE

CORTADO

LONG BLACK

ESPRESSO

FILTER COFFEE

SOYA STEAMER

*made with soya, oat, almond or coconut milk

- add natural syrup

chai / vanilla / hazelnut / caramel
gingerbread / mint / cinnamon

HOT CHOC*

CLASSIC

MINT

CARAMEL

- add marshmallows

* made with soya, oat, almond or coconut milk

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JAPANESE CHERRY

FRUIT

RED BERRY

HERBAL

MINT

APPLE LOVES MINT

CHAMOMILE

LEMONGRASS & GINGER TWIST

DECAF TEA

ORANGE JUICE

freshly squeezed

SUMMER SPECIALS

ICED AMERICANO

ICED MOCHA*

ICED LATTE*

RASPBERRY ALMOND ICED TEA

* made with soya, oat, almond or coconut milk

VEG JUICE

GREEN

spinach, broccoli, parsnip

ORANGE

carrot, yellow pepper, celery, ginger

RED

red pepper, tomato, carrot, parsnip,
beetroot

SMOOTHIE (WITHOUT YOGHURT)

STRAWBERRY

BLUEBERRY & STRAWBERRY

ACAI

BLUEBERRY & RASPBERRY

SEE MENU BOARD FOR PRICES

102-104 High Street Hollywood Tel: 028 9042 7210

**COFFEE
YARD**